

Athletics

Athletic Directors

Rainer Wulf	Athletics Director
Jack Recla	Athletics Director
Teri Cipolla	Athletic Secretary

Statement of Philosophy

Trabuco Hills High School athletic programs are designed to provide students with the opportunities to develop both physical and mental strength. We believe that a successful athletic program helps our athletes develop a sense of pride and self-confidence, and encourages leadership skills. The THHS Athletic Department participates in the CIF Southern Section's **"Pursuing Victory with Honor"** program. This program stresses the development of the six pillars of character (trustworthiness, respect, responsibility, fairness, caring, citizenship) through athletics. Our athletes learn self-discipline, which will help them through their adult life - where the ability to maintain poise and self-control in all situations is vitally important. We encourage all athletes to strive to excel, and help them understand that the path to success is hard work and determination! Sportsmanship is a key component to our athletic program and all our athletes are required to work diligently to achieve both individual and team goals and meet the athletic standards of the school and district.



- *We believe the most important result of competition is the development of lifelong values and skills.*
- *We believe winning is an attitude resulting from optimum preparation, concentrated effort, and a deep commitment to excel.*
- *Interscholastic athletics is a voluntary program in which participation is a privilege, not a right.*

Eligibility Requirements

AGE Must not be 19 years old before June 15. May not compete on freshman team if 16, or on a sophomore team if 17th birthday is before June 15. May not play on varsity football team until 15 years old.

SCHOLASTIC All Athletes must have passed 20 units (four classes) of new work during the previous grade period. "New work" is classes in which a passing grade had not been previously earned. Summer school grades may be counted. *(This is a CIF requirement and cannot be waived.)* Student athletes must maintain a 2.0 grade point average and can only have one "F" to be eligible. "Incomplete" grades that affect eligibility must be cleared prior to competition.

CITIZENSHIP All athletes must be students in good standing in citizenship to be eligible. Athletes are allowed only one "U" in citizenship.

WAIVER A one-time waiver can be used by an athlete to waive the scholastic and citizenship requirements. The student that uses the waiver will be placed on probation and must clear the deficit by the next grade period. Waivers are available from the Athletics Secretary.



All sports and school events now viewable online at www.highschoolsports.net and thhs.svusd.org. Sign up for e-mail alerts of game changes! Go Blue!



"Pursuing Victory With Honor"

Six Pillars of Character: Respect ♦ Trustworthiness ♦ Fairness ♦ Responsibility ♦ Caring ♦ Citizenship

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Residence



In order to be eligible, all athletes must reside in the Saddleback Valley Unified School District attendance area in a bona fide residence with their parents or legal guardian(s) in order to be eligible. The Athletic Director and Assistant Principal will handle exceptions to the residence rule. Any student transferring under the provisions of our open enrollment policy will have immediate residential eligibility upon transfer from school A to school B, subject to the following limitations:

1. *Only one transfer is allowed during the student's high school career after the initial enrollment as a ninth grader without a residence change.*
2. *The transfer must be completed during the first 15 school days of the new academic year at school B.*
3. *The transfer must not be the result of disciplinary action.*
4. *The receiving school must certify that no consideration was given to the athletic performance of the student in accepting the transfer.*
5. *The athlete must meet all CIF residency requirements as well as district requirements.*

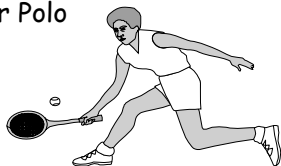
Attendance: Athletes may compete for 8 semesters only. Athletes not in school on the day of a contest may be declared ineligible to compete on that day.

ASB Stamp (\$40.00): Please note an ASB Sticker is a requirement for all sport participation.

SPORTS SEASONS Trabuco Hills High School offers a wide variety of sports for both boys and girls. The following sports are offered:

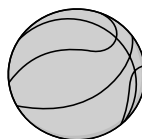
Fall Season

Boys & Girls Cross Country
Football
Girls Tennis
Girls Volleyball
Boys Water Polo
Girls Golf



Winter Season

Boys & Girls Basketball
Wrestling
Boys & Girls Soccer
Girls Water Polo



Spring Season

Boys Golf
Boys & Girls Track and Field
Softball
Boys Tennis
Boys Volleyball
Boys & Girls Swimming
Roller Hockey
Baseball



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