

# T Trabuco Baseball

I would like to thank you for your interest in the Trabuco Hills Baseball Program. We are extremely excited to begin the 2008/2009 school year. Come learn the Trabuco Hills system and get a jump start to the tryout process (See FAQ on our website for additional information). **Please come dressed in baseball attire and with the equipment needed to play your position (i.e. Glove, Bat, Catcher's Gear, etc.).** I am looking forward to meeting all of you this summer.

Michael Burns  
Head Baseball Coach  
[burnsm@svusd.org](mailto:burnsm@svusd.org)  
[www.trabucobaseball.com](http://www.trabucobaseball.com)

## Incoming Freshman Summer Baseball

**When:** June 23rd - July 25th  
**Location:** Trabuco Hills Varsity Baseball Field & Irvine H.S. Baseball Field  
**Time:** Camp: 1:00 - 3:30 (June 23 - 26) League: To Be Announced  
**Cost:** See below for details  
**Uniform:** Baseball Attire (T-shirt and Hat included for games)  
**Bring:** **Completed** Physical Examination (Sports Screening form)  
\*Physical Screening Day @ Trabuco Hills Gym - Thurs. 6/5/08  
From 4 - 7PM (assigned by alpha cut, bring Jr. High ID card)

Practices will be held at the Trabuco Hills Varsity Baseball field June 23 through June 26, from 1 to 3:30 PM. The rest of the Summer Program will be played in the Freshman Instructional League at the Irvine HS baseball field. No games after July 25<sup>th</sup>. I will receive the game schedule the end of May/beginning of June and will update the website as soon as I know. The league will be open to the first 18 players (if another 18 sign up we will form a second team, but it closes at 36).

Return the bottom of this form with payment no later than June 6, 2008

Mail to: Michael Burns, Trabuco Baseball  
27501 Mustang Run, Mission Viejo, CA 92691

1. **Summer Camp Fee** - \$150 Payable to "SVUSD," for salaries, facilities, and insurance.
2. **Summer League Fee** - \$90 Payable to "Trabuco Baseball," for shirt, hat, league fees, & baseballs.

**Player Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Parent(s) Name(s):** \_\_\_\_\_ **Phone (work/cell):** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Player Shirt: S M L XL Hat: S M L XL** (see below for size info.)

(S = 6 7/8 - 7, M = 7 1/8 - 7 1/4, L = 7 3/8 - 7 1/2, XL = 7 5/8 - 7 3/4)

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## Freshman Baseball Frequently Asked Questions

- **What is Incoming Freshman Baseball Camp?**

Freshman baseball camp is going to be a mix of practice and Instructional games. This will include instruction on baseball fundamentals. The camp is used to accomplish the following:

- Introduce them to the Trabuco brand of baseball
- Acclimate them to the Trabuco baseball program
- Evaluate the talent level of each player as a preliminary tryout (to begin team selection)
- Begin learning our system of defensive plays and signs

- **Is a player required to attend Summer Camp?**

- Summer camp is not mandatory, but is highly recommended. This is a key building block to a successful season. A player that does not attend will have less days to prove themselves in tryouts and if they make the team, will be at a slight disadvantage when the season begins.

- **We have vacation plans during the summer camp dates that we cannot change. Will my son be penalized for missing a week/day of camp?**

- No, we understand that summer is one of the few times during the year when families can take vacations together. If you have plans that conflict with summer camp dates, all we ask is that you provide us with advance notice of the dates that you will be unable to attend so we can plan accordingly. For future reference, if your son becomes a Mustang Baseball player, we ask that you plan vacations during the dead period which typically is from Aug. 1<sup>st</sup> until the start of school.

- **We are going to miss a week/day(s) of summer camp. Do we get a discount off the price for not attending camp in its entirety?**

- Unfortunately we cannot provide discounts. The summer program is run through SVUSD and unfortunately we cannot prorate or refund partial amounts. However, if you are unable to attend the entire camp, we would recommend that you attend what you can. Some attendance would be much more beneficial to no attendance at all.

- **My son plans to play more than one sport. If the summer camps conflict with each other, do we have to choose one?**

- No. The Trabuco baseball and athletic programs are different than most high school programs in this respect...we encourage our players to participate in more than one sport or activity and thus go out of our way to accommodate the requirements of multi-sport athletes. In many cases you will find that members of our baseball staff are also involved in coaching other sports at Trabuco. If there is a conflict with the summer camp dates and times, please let us know in advance and we will work out an equitable time trade off with the other sport so that your son can participate in both. Particularly there seems to be a lot of football/baseball kids and that conflict has already been worked out.

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- **I haven't played baseball in a long time. If I tryout this year and make it am I going to just sit on the bench?**
  - No. If you make the team you will play in many games. At Trabuco the primary purpose of the program is to develop players for the varsity level. The only way to do this is to get each player involved in games. Freshman baseball is structured so that all players practice together and if you are not one of the 9 starters we play 6-10 reserve games a season. In these games the players that don't play a whole lot will have the opportunity to start and play most if not all of the game. We understand that baseball is an acquired skill and few individuals come out their first year and perform at their maximum potential. It is our objective to help foster a love for the game and get them the experience necessary so they can contribute to a winning varsity program in the years to come.
- **I cannot afford to pay the fees required, what can I do?**
  - It is not our intention to create a financial hardship for any family of a player who wants to play baseball. However, with the budget cuts throughout the district over the past several years, programs have out of necessity, become self funded operations. This is the only way we can continue to provide the opportunity for high school students to compete in High School Athletics. Once the school year starts, almost all expenses required for the baseball program can be completely refunded to a player when he reaches specific milestones within the baseball fundraising programs.
  - With that being said, if the cost involved creates a burden for your family, please contact head coach, Michael Burns, directly. He will be happy to work out a payment plan that makes the financial obligations of this program manageable for your family.
- **I am worried my son's grades will suffer if he plays baseball. What should I do?**
  - This is a valid concern and one, as a Spanish teacher I have a vested interest in. It is our belief that every player is a Student-Athlete (They must be a student first and an athlete second). There is no question that part of being involved in athletics requires developing time management skills. During the season we complete grade checks that are signed by their teachers, to monitor possible grade issues.
- **My son is a pitcher and is playing on another team. Can he still attend camp?**
  - Yes. On all levels we have very strict pitch counts and we are very aware of the importance of conserving the number of throws our players make. I will work with you on an individual basis depending when your games are. All I ask is that the player communicates to me ahead of time the days he can't throw or pitch, and I will make sure to limit that in our work out session for that day.
- **What is the best way to keep abreast of developments in the baseball program?**
  - By visiting: [www.trabucobaseball.com](http://www.trabucobaseball.com)
  - You can always email coach Burns at: [burnsm@svusd.org](mailto:burnsm@svusd.org)